



«International University of Kyrgyzstan»

Management Control System
Regulation on the Psychological Supporting Center
International School of Medicine of the "IUK"
MCS-R-3.2.5 -2021

«APPROVED»

Rector of the "IUK"

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2021



REGULATION

on the Psychological Supporting Center

International School of Medicine of the "IUK"

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Bishkek 2021



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1. GENERAL PROVISION

1.1. The main purpose of the Psychological Supporting Center of the ISM “IUK” (hereinafter "the Center") is to ensure the psychological readiness of participants in the educational process for effective interaction in the learning process, psychological assistance, support and counseling of students in crisis situations, the formation of an active position of graduates in the market labor, psychological support for social and educational initiatives.

1.2. The center is organized under the leadership of the Deputy Dean for educational work, and it includes teachers-psychologists, curators of groups.

1.3. The position of the Center was developed on the basis of:

- The Law of the Kyrgyz Republic "On Education" dated April 30, 2003 No. 92 (As amended on July 30, 2013 No. 176, August 14, 2020 No. 128);
- Charter of the “IUK” dated March 22, 2019 No. 18;
- Development strategy of the “IUK” for the period from 2018 to 2023;
- Strategic development plan of the ISM “IUK” for the period from 2019 to 2024;
- Plan for the implementation of the Strategy of the “IUK” for the period from 2018 to 2023;
- Other regulatory local acts of the “IUK”;
- Plan for educational work of the ISM “IUK”;
- Moral and ethical code of students of the ISM “IUK”.

2. CENTER GOALS AND OBJECTIVES

2.1. The aim of the Center is to assist in the creation of a socio pedagogical developmental environment that provides psychological conditions for the protection of the health and development of the personality of all participants in the educational process.



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2.2. The main tasks of the Center include:

- ☐ promoting the professional and personal development of students;
- ☐ promoting the harmonization of the socio-psychological climate at the university;
- ☐ participation in the development of a system of measures aimed at the prevention of deviant behavior of students;
- ☐ assistance in increasing the level of adaptation of students and graduates to the modern labor market;
- ☐ promoting the dissemination and implementation in the practice of education achievements of psychological science.

3. MAIN DIRECTIONS OF THE CENTER ACTIVITIES

3.1. Psychological education:

- ☐ increasing the psychological competence of teachers and students;
- ☐ familiarization of teachers with the main age patterns of students' personal development;
- ☐ popularization of psychological knowledge among the subjects of the educational process.

3.2. Psychological prevention (support):

- ☐ Facilitating the adaptation of junior students to the conditions of study at the university, advising teachers, curators to assist students in the adaptation period;
- ☐ conducting individual consultations on the actual needs of the mental state of students;
- ☐ prevention of possible deviations of behavior;
- ☐ provision of psychological assistance and support by teachers-psychologists, curators to students in a state of stress, conflict, strong emotional experience;
- ☐ promoting the creative development of gifted students;



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- ☐ providing psychological assistance to poorly adapted students.
- ☐ Students of the International School of Medicine “IUK” use the services of the Center for psychological support and counseling free of charge.

3.3. Psychological diagnostics:

- ☐ conducting monitoring studies of the psychological health of foreign students;
- ☐ psychological analysis of the social situation at the university, identification of the main problems and determination of the causes of their occurrence, ways and means of their resolution;
- ☐ identification of the intragroup status and social role of students;
- ☐ Carrying out vocational guidance diagnostics.

3.4. Psychological correction:

- ☐ individual and group psychological correction of difficulties in teaching students, including those related to the motivational sphere of the individual;
- ☐ assistance in social and psychological rehabilitation of orphans and children left without parental care;
- ☐ implementation of correction of asocial behavior of students.

3.5. Advisory activities:

- ☐ psychological counseling for all participants in the educational process;
- ☐ advising teachers and parents on the problems of individual development of students;
- ☐ advising students on learning, development, life self-determination, employment, relationships with adults and peers.

3.6. Organizational and methodological activities:

- ☐ preparation of methodological materials for conducting psychodiagnostics and the development of individual developmental and psychocorrectional programs, taking into account the characteristics of the personality of students;



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- ☐ participation in the development of new methods of psychodiagnostics, psychocorrection and other types of work, assessment of their effectiveness;
- ☐ processing of the results of psychodiagnostics, their analysis and registration;
- ☐ development of information and methodological materials on the technology of employment and career building;

4. SUPPORT OF THE CENTER'S ACTIVITIES

4.1. The center works in close contact with the administration of the university, its structural divisions, curators of academic groups, teachers, and also establishes relationships with employers, public organizations, guardianship authorities, health organizations and other subjects of social partnership that provide universities with assistance in the education and development of students.

4.2. Funding for the activities of the psychological service is carried out at the expense of the ISM “IUK”.